



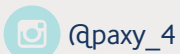
# KAREN PAXMAN

## AFLW - MELBOURNE FC

### PLAYER PROFILE

**Name:** Karen Paxman  
**Nickname:** Paxy  
**DOB:** 25/11/1988  
**Born:** Melbourne  
**Height:** 170cm  
**Club:** Melbourne FC  
**Position:** Midfield / Half Back  
**Education:** Bachelor Degree in Social Work at RMIT  
**Occupation:** Social Worker. Development Coach for Ladder, the AFL Players Association Charity focused on youth homelessness  
**Personal Motto:** "Treat others the way you would like to be treated"

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### PLAYER HISTORY & ACHIEVEMENTS

AFLW All Australian Captain 2020

Melbourne FC Vice Captain 2019, 2020, 2021

AFLW All-Australian Team Member 2017, 2018, 2019, 2020

Melbourne FC Runner Up MVP for 2017 & 2018

AFL Players MVP Runner Up 2017 & 2018

Melbourne FC AFL Club Ambassador 2018

Runner Up Best & Fairest AFLW League 2017

2016 VFL Team of the Year

**"AN ELITE FOUR-QUARTER PERFORMER WITH AN EXCEPTIONAL WORK RATE, PAXMAN IS REGARDED AS ONE OF THE BEST RUNNERS IN THE LEAGUE"**  
**- MELBOURNE FOOTBALL CLUB**