

# JESSICA DAL POS



*"HER COMPETITIVENESS AND DRIVE TO BE THE BEST SHE CAN BE HAS BEEN A MAJOR PART OF HER SUCCESS"*

-TIM SCHMIDT, GWS GIANTS WOMEN'S COACH



## PLAYER STATS

**NAME:** JESSICA DAL POS

**NICKNAME:** DALLY

**DOB:** 20/09/1993

**BORN:** Melbourne

**HEIGHT:** 161cm

**CLUB:** Darebin Falcons/ GWS Giants

**POSITION:** Midfield/ Forward

**RESIDENCE:** Melbourne/ Sydney

**EDUCATION:** Victoria University Bachelor of Health Science- Paramedicine

**PERSONAL MOTTO:** Do what you love

## PROFILE

Jessica is a diverse and committed player who has been involved in football since a very young age. She will join the Giants again for the AFLW 2018 season, where last year she certainly made an impact; by being part of the leadership team and also winning the Gabrielle Trainor Medal for Best and Fairest 2017.

Outside of football Jessica enjoys a myriad of outdoor activities including surfing, riding, hiking and waterfall jumping. In conjunction with studying Health Science and playing football, Jess manages to balance the demands of working which includes coaching netball and football.

Jessica is very passionate about football as she has been surrounded by family who all share a true love of the sport. She is bringing her exuberance and excitement to Sydney for her second season with the Giants' where she will continue to make her mark not only for herself but for the sport in general.

## PLAYING HISTORY & ACHIEVEMENTS

Victorian State Representative  
2009, 10, 11, 13, 15

All Australian 2010 2011, 2017

6 time Darebin Falcon  
Premiership Player

2 time Premiership YG Coach

Melbourne Demons 2015, 16

GWS Giants AFL Club  
Ambassador 2018

GWS Giants' Leadership Team  
Member 2017

Winner of GWS Giants'  
Gabrielle Trainor Medal for  
Best & Fairest 2017

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