

# KAREN PAXMAN

*"AN ELITE FOUR-QUARTER PERFORMER WITH AN EXCEPTIONAL WORK RATE, PAXMAN IS REGARDED AS ONE OF THE BEST RUNNERS IN THE LEAGUE"*

-MELBOURNE FOOTBALL CLUB



## PLAYER STATS

**NAME:** KAREN PAXMAN

**NICKNAME:** Paxy

**DOB:** 25/11/1988

**BORN:** Melbourne

**HEIGHT:** 170cm

**CLUB:** Melbourne FC/ Darebin FC

**POSITION:** Midfield/ Half Back

**OCCUPATION:** Development Coach by Ladder, the AFL Players Association charity focused on youth homelessness

**EDUCATION:** Studying Social Work at RMIT

**PERSONAL MOTTO:** Treat others the way you would like to be treated

## PROFILE

Karen has had an extensive career at state and national level. The elite midfielder was signed by Melbourne FC as their priority pick for the AFLW 2017 season and what a season she had! She played just about every minute of every game in the inaugural competition and was runner up Best and Fairest 2017.

Karen was often awarded best on ground, with the third highest number of disposals, second highest number of kicks and first highest number of marks in the entire competition. She was also runner up Most Valuable Player for the AFL Players Association and Melbourne FC.

Outside of playing football Karen is a Development Coach for Ladder, the AFL Players Association Charity focussing on youth homelessness. She is also studying social work at RMIT University.

Karen is known for her exceptional work-rate, competitiveness and passion; on and off the field.

## PLAYING HISTORY & ACHIEVEMENTS

AFLW All-Australian Team Member 2017

Melbourne FC AFL Club Ambassador 2018

Runner Up Best & Fairest AFLW League 2017

Runner Up MVP for AFL Player Association and Melbourne FC

2017 Melbourne FC priority selection for AFLW

7 times Premiership Player

6 times All Australian

2016 VFL Team of the Year

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